

# Personal Development Plan August-December 2012

<b>IMPORTANT PERSONAL GOALS</b> In the context of your whole life where are the challenges and opportunities? What are you trying to achieve? 1 To develop the confidence and practical skills to live an independent life at university (addressed in 1-6 below) 2 To make myself more employable (addressed in 1, 2, 3, 4 below and item 5) 3 To help other people			
<b>In respect of these personal goals, WHAT ASPECTS OF YOURSELF DO YOU WANT TO DEVELOP?</b>	<b>WHY? is this important to you?</b>	<b>Recent activities/experiences where you have been able to develop and utilise this aspect of yourself to achieve something</b>	<b>Additional activities in the next 6 months where you can develop, apply and demonstrate development of these aspects of yourself</b>
<b>1 My communication skills - especially relating to the use of new media and making new friends</b>	In the workplace communication is vital in leadership and in working as a team member, it also means I can have good discussions with my peers	I have always been interested in public speaking and in my final year at school I gained my LAMDA Gold medal. The course has boosted my confidence in public speaking Through my Blog I am learning about communication through new media, I also learnt this through the audio diary I kept on my French trip.	There will be many opportunities to improve my communication skills at University, whether this be through clubs and societies or through my course or any work or volunteering I do.  I will continue to work on my blog and develop my digital literacy skills
<b>2 My creativity</b>	Being creative will help me come up with positive solutions to any problems I may face at university, this skill also makes me more employable	My A level Drama was a very creative subject, I faced many challenges and had to solve them, outside as well as during performances Creating my Blog is very process, and a process which I have not been through before	I will continue to work on my blog, I also intend to join a Drama society at university The need for creativity may pop up un expectantly, for example cooking at university and in any other activity I might encounter. I believe that developing a wider appreciation of my creativity will be beneficial to me.
<b>3 Improve perseverance when facing challenges</b>	This is vital in all my goals, continuing to work towards my goals even if it is challenging at times	Gold D of E I undertook in my final year at school, was a massive challenge that required a lot of perseverance Revision for A levels was also a challenge although I was persevering against boredom and weariness rather than the physical strain of D of E	I will continue to push myself in all that I do. My immediate challenge is to pass my driving test - with one month to go I have a long way to go.

<p><b>4 Manage myself as an independent adult</b></p>	<p>Once again this is vital in every goal, I need to learn to balance studying with extra curriculum activities and looking after myself, this will help me become a well-rounded individual and help me make the most of my time at university</p>	<p>In July 2012 I spent three weeks in France with a friend. This was my first experience of travelling independently. I had to plan the trip, look after myself and cope with unexpected things. In was my first taste of independence.</p> <p>The lifewide award is helping be become more aware of how I am managing myself as it shows awareness of how I am learning and developing as a person</p>	<p>Once I leave home to go to university I will have to learn to juggle many different things, look after myself and manage my studies, my social life and any other activities I engage in..</p> <p>Continuing with the lifewide award and learning to manage my time at university will help me.</p>	
<p><b>5 Improving my employability</b></p>	<p>In the short term I am hoping to get a job at university. In the long term I hope to ensure I am able to get a better job once leaving university.</p>	<p>Over the summer I have helped my stepfather with his company accounts.</p>	<p>Before I go to University I will create my first CV and my intention is to look for paid employment while at university. I anticipate that I will develop and demonstrate my employability skills through searching for gaining and holding down a job.</p>	
<p><b>6 My sense of fulfillment as a whole person</b></p>	<p>I feel it is important to feel confident and happy within yourself in order to grasp opportunities or to solve challenges.</p>	<p>Upon my return from France I learned more about the kind of person I'd like to become. The independence I gained made me feel more capable and confident about dealing with challenges.</p>	<p>I feel happiest with the person I am when I have helped others, this could just be lending a hand to a friend or it could be voluntary work, such as donating or working to Oxfam. I also feel confident in being an all rounder when I have a skill, for example Drama. I have given a lot of time to Drama, performing in plays or reading plays to develop my understanding of the theatre,</p> <p>I am also helping to pilot the Lifewide Development Award giving the organisers feedback on the methods and tools they are using.</p>	
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<p>Developing the knowledge needed to deal with new situations <b>This is most easy to see in driving, I am learning how to work a vehicle and learning the jargon for this specific purpose</b></p>				√

Being creative, resourceful and enterprising	see above	√
Being an effective communicator	see above	√
Being aware of and sensitive to cultural difference	This will help me become more compassionate , I really enjoyed my tour of france learning about their culture and hope to live abroad in the future, until then university will be more multicultural than school was	√
Behaving with empathy and compassion	I need this to help with my volunteering, this skills has been and will be developed at home and dealing with friends	√
Working collaboratively with others and providing leadership	this is important in being influential in the work place, in contributing to the school magazine I learnt both leadership and teamwork and both will be needed when I join clubs and university, it is also required in my course	√
Behaving ethically and with social responsibility	I believe it is very important that as an individual I behave in an ethical manner especially as this will make me more employable	√
<b><i>Any other aspects of personal development, new skills or capability - please add</i></b>		
Technical skills of driving a car		√
Using technology - Technical skills of creating my own website and using various technology		√